



Plenary Indulgences

One of the most beautiful aspects of the Jubilee is the message of forgiveness and reconciliation.

The theme of reconciliation in the Year of Jubilee is a timely reminder of Christ's sacrifice and his constant invitation to take up his offer of forgiveness through the sacraments of the Church.

The Year of Jubilee also offers the opportunity to obtain a Plenary Indulgence - a special grace that strengthens our wounded souls in the fight against sin.

Read on to find out more about indulgences, Jubilee sites, and how to embrace God's love and mercy in this holy year of grace.

What is a Plenary Indulgence?

When we sin, we damage our relationship with God and each other. When we receive the Sacrament of Reconciliation, our sins are forgiven but there still remains the need for purification (in purgatory) to remove the lasting effects of that sin.

By obtaining this special grace - called a plenary indulgence - this temporal punishment of sins already forgiven is removed.

How can I receive a Plenary Indulgence?

You can receive a Plenary Indulgence by fulfilling the following conditions:

- Be resolved to avoid all sin and live in a spirit of charity
- Receive the Sacrament of Reconciliation
- Receive Holy Communion
- Pray for the Intentions of the Pope

A Plenary Indulgence can also be obtained by undertaking a pilgrimage to any designated Jubilee site and observing the conditions listed above.

How often can I receive a Plenary Indulgence?

It is possible to receive a Plenary Indulgence every day. It is also possible to obtain a Plenary Indulgence for a loved one or for any holy soul in purgatory.

Mercy in the Holy Year



For more information, Mass times, and opening times for all of our designated churches, please scan the QR code with your smart phone camera, visit the diocesan website, or ask your parish office.



What is a designated Jubilee site?

This Year of Jubilee officially began on Christmas Eve with the opening of the Holy Door in St Peter's Basilica. Holy Doors are one of the most characteristic signs of the Jubilee, inviting pilgrims to walk through as a reminder of this text from John 10:9-10: *"I am the door. If anyone enters by me, he will be saved and will go in and out and find pastures."*

This year, four Holy Doors will be in situ across the City of Rome but dioceses around the world will have Designated Jubilee Churches - or sites - to offer pilgrims that same experience right on their doorstep.

Where are our designated Jubilee sites?

Bishop John has appointed six churches across the diocese, in addition to the Cathedral's temporary church, to be designated churches for the Jubilee year. They are:

- St Mary's, Bamber Bridge
- St Mary's, Burnley
- St Alban's, Blackburn
- Schoenstatt Shrine, Kearsley
- St Peter's, Stonyhurst
- St Mary's "The Hidden Gem", Manchester

What if I am unable to observe the conditions?

Those unable to participate in solemn celebrations, pilgrimages, or religious visits - including people who are sick, have accessibility needs, or are in prison - can also receive an indulgence wherever they are by reciting the Our Father, the Profession of Faith in any approved form, and other prayers associated with the Holy Year