

GIFTS OF HOLY SPIRIT

Opening Session - The Fruits & Gifts of the Holy Spirit

WELCOME



Welcome to the start of this exciting journey towards the Sacrament of Confirmation where you will receive special gifts from the Holy Spirit.

The more you put into these sessions the more you will get out, so give them a chance!

Each session will have a similar format. There will be some interesting videos, music, stories, games and times of prayer. They will help you get to know more about yourself, each other and God.

Throughout **EMPOWERED** you will learn about the story of Pentecost, the Sacrament of Confirmation and about the Gifts and Fruits of the Holy Spirit.



Opening Prayer



Lord Jesus, bless us as we gather together as young people from the Diocese. We are one in your name.

May your light burn brightly within us as we celebrate Your love for us.

Inspire us with your Holy Spirit.

Help us to take Your light and Your love out to the whole world. Show us how to use our gifts and talents to become who You have called us to be.

Amen

St Catherine of Siena, Pray for us.



Ice breaker

To help us to get to know each other better there will be several questions.

All you need to do is give a  if you like it or a  if you don't

Ready?



Ice breaker



Do you like...

Watching Football?



Ice breaker



Do you like...

Ice-cream?



Ice breaker



Do you like...

Singing?



Ice breaker



Do you like...

Going shopping?



Ice breaker



Do you like...

Playing Tennis?



Introduction to Confirmation





Scripture - Acts 2:1-12



When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

Reflection - Fall Afresh



As you listen to this song, close your eyes and invite the Holy Spirit into your heart.
You may wish to hold your palms out to invite the Holy Spirit into your life.



Hero of our Faith

St Ignatius of Loyola



Lord

teach me to be **generous**

teach me to serve you as
you **deserve**

to **give**

and not to count the cost

to **fight**

and not to heed the wounds

to **toil**

and not to seek for rest

to **labour**

and not to seek for reward

save that of knowing

I do your most **holy will**

St Ignatius of Loyola
Founder of The Jesuits

In each session we will look at a different **Hero of our Faith**.

The saints are wonderful examples to us, that's why at **Confirmation you choose a saint's name** so they can pray for you and inspire you on your journey of Faith.



What are the fruits of the Holy Spirit?



“A bad tree cannot bear good fruit”
Jesus



In Isaiah 11:2-3 we read how the Messiah would have these seven gifts. In each session we will explore each gift. The good news is, that through Jesus and by the power of the Holy Spirit, you have already received these gifts at Baptism but you will receive a 'top up' at Confirmation!



Wisdom

Understanding

Knowledge

Counsel

Fortitude

Piety

Fear of the Lord/
Wonder & Awe



Situation

One of your friends thinks that it is a waste of time coming to these sessions.

How might you respond based on what you have heard and learnt so far.





Discussion

Which one Fruit of the Holy Spirit might you find most useful at the moment?

(kindness, generosity, joy, charity, self-control, faithfulness, gentleness, goodness, chastity, peace, patience, modesty)

YOUCAT

YOUCAT is the Catechism of the Catholic Church for young people.

The most important elements of the faith are summarised in a question-and-answer format.

The YOUCAT was approved by the Vatican.

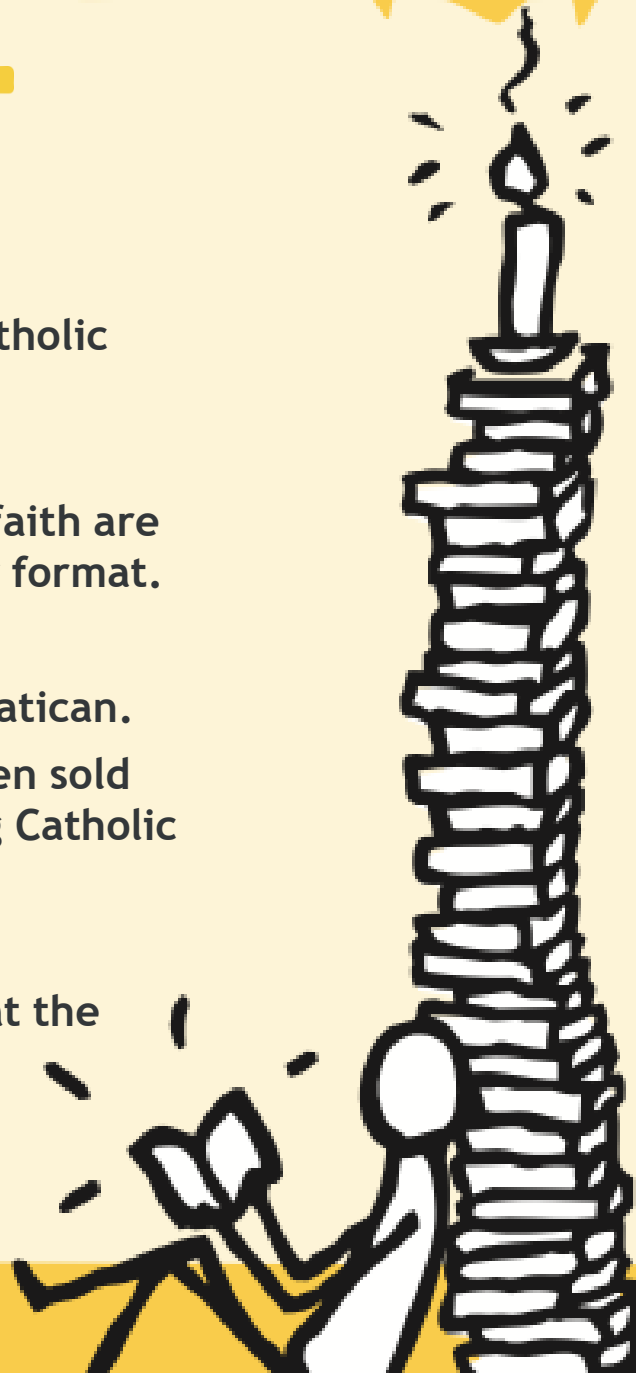
More than 5 million copies have been sold worldwide, it is one of the best-selling Catholic books in the world.

In each session we will look at what the YOUCAT has to say.

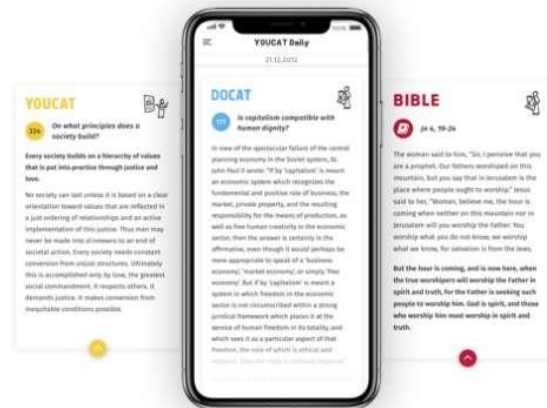


“You need to know your faith with the same precision with which an IT specialist knows the inner workings of a computer”

Pope Benedict



Where to find out more...



YOUCAT Daily App



Salford Youth Ministry



@salfordyouth



@salfordyouth



Salford Diocese



dioceseofsalford.org.uk/youth

A Time of Prayer



Prayer

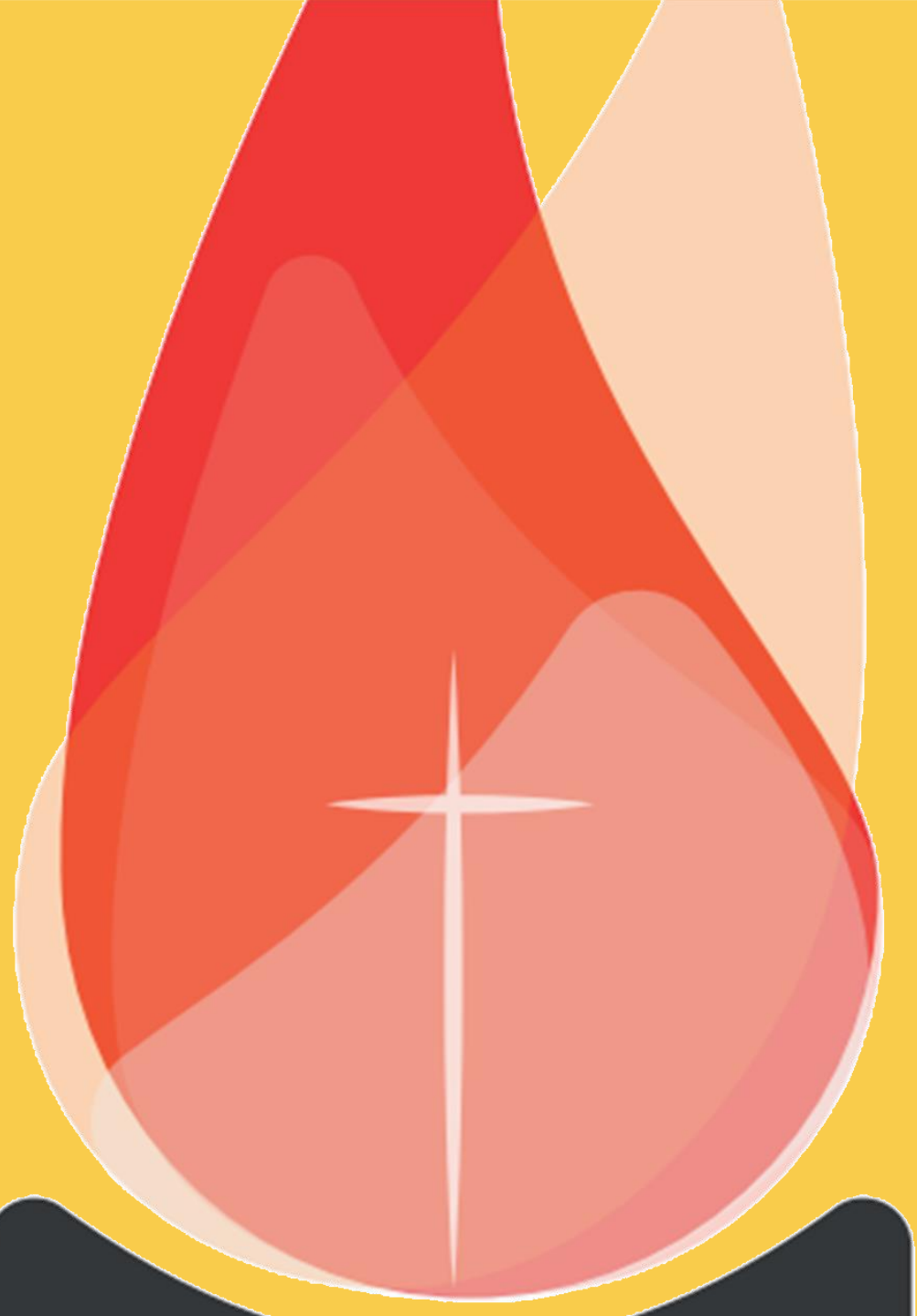
Heavenly Father,
I thank you for the Gift
of Jesus, the Holy Spirit
and Your Church. Please
stay with me on this
Journey as I learn more
about You and grow
closer to You in prayer.

Amen

‘For those who are led by the Spirit of God are the children of God. The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” The Spirit himself testifies with our spirit that we are God’s children. Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.’

Romans 8:14-18



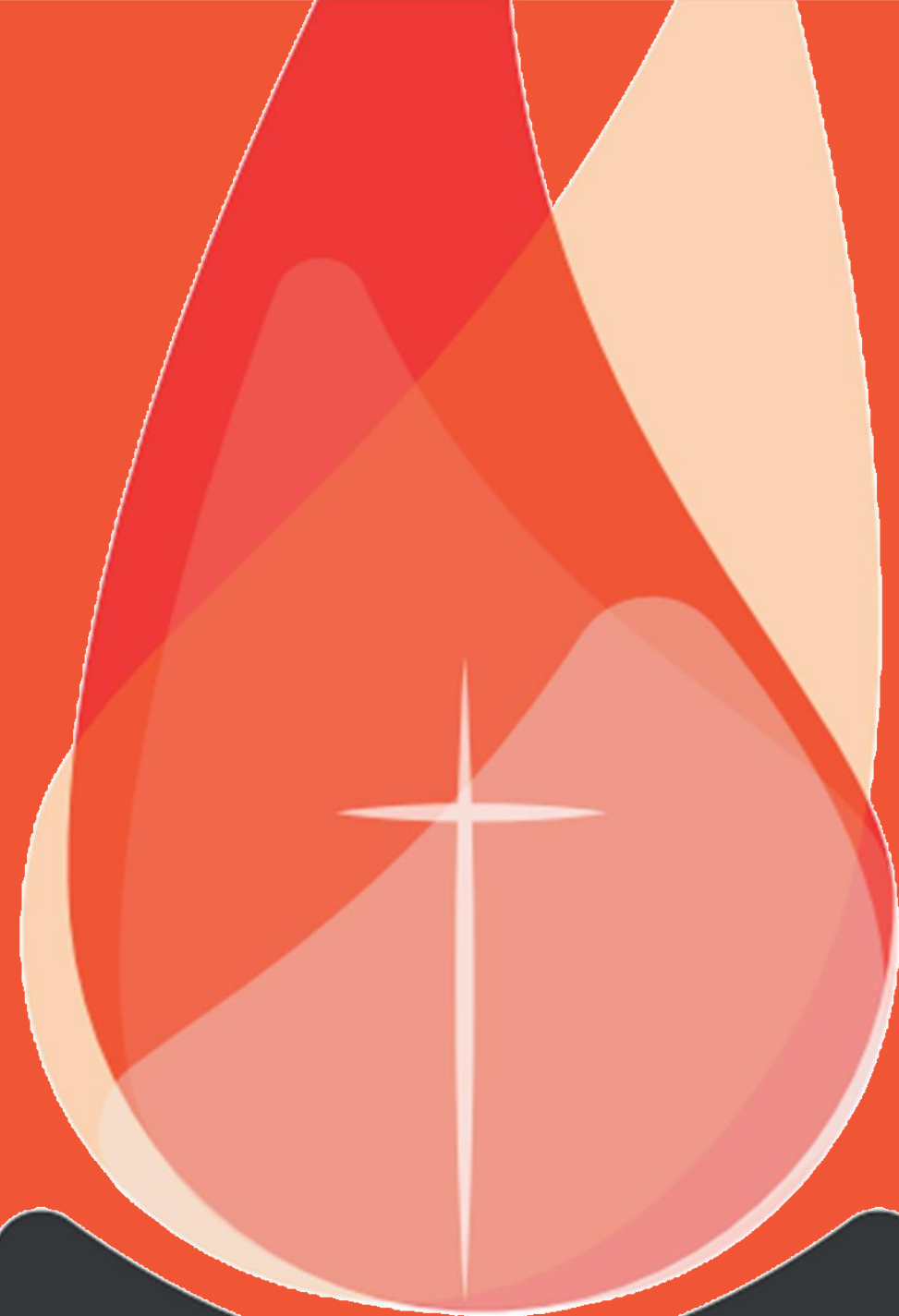


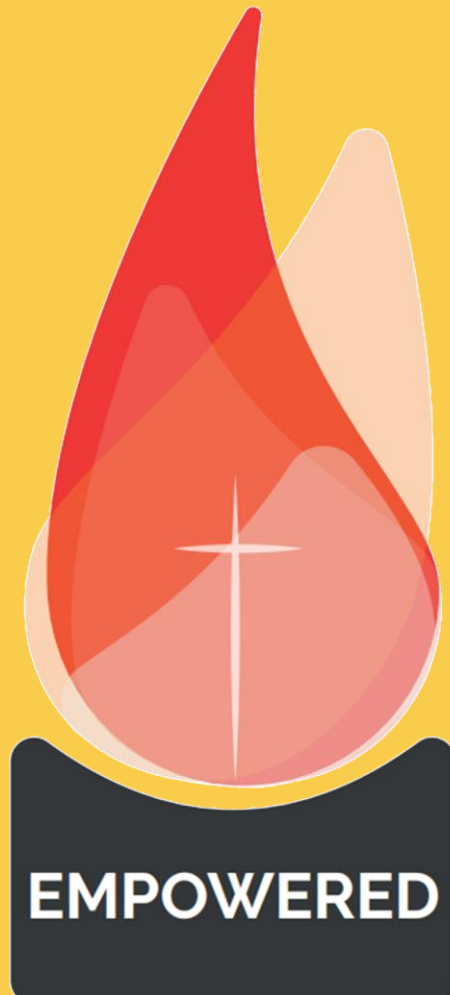
“Jesus said to them again:
Peace be with you.
As the Father sent me,
so I am sending you’

JOHN **20:21**

Introductions

Going around the group, each person should say their name, where they are from and one interesting fact about themselves...





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